



Women's Month
empowHER.





Detroit Lions Sr Flag Series!

Congratulations to the London Legends for winning tournament #2 of the series in London! The Championship tournament in the Sr Flag Series takes place in Peterborough on April 12

Check out the website for more information: <https://playflagontario.ca/>



Want to Play Women's Football?

- **Women's Tackle (OWFL):** Join the OWFL U16 and U19 women's tackle teams!
- **Flag:** Get involved with Football Ontario's flag football programs!



WOMEN'S MONTH CELEBRATIONS

March is Women's History Month, and to celebrate, we are highlighting the incredible women and girls who represent us at Football Ontario. Check out our Instagram for inspiring stories and advice from these empowering individuals!

[@footballontario_](https://www.instagram.com/footballontario_)



Coach Shay Smith



Coach Melissa Grieco (Prime)



Paisley Fraleigh
Chatham Cougars



Selene Lews-Chan



Naya Mariano-Johnson
Durham Elite

CALL FOR VOLUNTEERS!

Football Ontario is seeking volunteers for the following events:

- Elite Flag Nationals (Kingston, May 2025)
- Detroit Lions Flag Series (Peterborough, April 12)

Connect with Olivia Ghosh to volunteer for the Detroit Lions Flag Series: oghoshsw@footballontario.net



Check out Football Ontario's Online Apparel Store for exclusive merchandise!

[ONLINE STORE](#)

If you would like to contribute to a Newsletter feature, please complete the form:

[Newsletter Submission Form](#)



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