



FOOTBALL ONTARIO'S WOMEN'S PROGRAMMING NEWSLETTER

Niagara Youth Flag Football **2025 OWIFA GIRL'S COMBINE**

- Athletes in grades 4-12
- Sunday, March 9: 9am-11am
- Youngs Sportsplex, Welland

REGISTRATION



Team Ontario Women's Tackle **U18 & SR CAMPS**

Meet our Team Ontario staff, connect with other athletes and try football skills / drills. Be a part of the provincial pathway for women's tackle football. No tackle football experience necessary!

- Ottawa: Feb 15, 5-7:30pm
- Sudbury: Feb 22, 10:15-12:15pm

**U18 (2008, 2009, 2010) | *SR (2007+)*

U18 Registration

SR Registration



CFL WOMEN IN FOOTBALL PROGRAM



Back for the 4th year, the CFL is running their Women in Football program, presented by KPMG. Each CFL team selects a female candidate to participate in Training Camp in any capacity: coaching, operations, equipment, strength & conditioning.

Registration due Feb 9th!



BEL-AIR LIONS WOMEN'S TACKLE FOOTBALL

U16 • born 2010-2012

19U • born 2006-2009

No experience necessary

The Game Plan

- ✓ Bel-Air Football Culture
- ✓ Top Certified Coaches
- ✓ Supportive and Committed to Your Growth
- ✓ Build Confidence, Strength, Competitive Spirit
- ✓ Learn Skills for Life, On & Off the Field
- ✓ Challenge Yourself to Reach New Heights

Join The **Bel-Air Football Family** Today!



OWIFA:

- 10AM, Feb 8: Canada's largest and ONLY Women's 11v11 contact-flag league at Warrior Field, University of Waterloo.
- 300 collegiate athletes battle on the gridiron and redefine the meaning of flag-football!
- Schedule can be found online at owifa.ca and their instagram: [@owifawomensfootball](https://www.instagram.com/owifawomensfootball)



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POINTS

FEBRUARY 2025

LIMITED EDITION BLACK HISTORY MONTH APPAREL

New Release

BHM APPAREL

All proceeds from these exclusive apparel sales will be contributed to the Football Ontario Scholarship Program, accessible for athletes in financial need.

 TEAMOWINTER.ITEMORDER.COM



Chatham-Kent Cougars



- Try Football Days: Feb 16 & 23
- In-person sign up sessions: Feb 9 & 10
- Contact General Manager, Vicki Walters for questions



Thank you NFL Canada for continuing to support Football Ontario's women and girls initiatives!

If you would like to contribute to a Newsletter feature, please complete the form:

[**Newsletter Submission Form**](#)



[**footballontario.net**](http://footballontario.net)



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