



# FOOTBALL ONTARIO'S WOMEN'S PROGRAMMING NEWSLETTER

This will be sent out on a weekly-basis, promoting women and girl's events, flag and tackle football opportunities, and news within our membership!

## Football Canada

### **SR FLAG ID CAMP - YORK UNIVERSITY**

Congratulations to all the athletes that participated in the Football Canada Sr Flag ID Camp! This camp is a step in the pathway toward identifying top athletes across the country, to compete for the Canadian Olympic Flag Football Team for the LA Olympics in 2028!



## **Team Ontario Women's Tackle U18 & SR CAMPS**

Meet our Team Ontario staff, connect with other athletes and try football skills / drills. Be a part of the provincial pathway for women's tackle football. No tackle football experience necessary!

- Ottawa: Feb 15, 5-7:30pm
- Sudbury: Feb 22, 10:15-12:15pm

*\*U18 (2008, 2009, 2010) | \*SR (2007+)*

[\*\*U18 Registration\*\*](#)

[\*\*SR Registration\*\*](#)





## CFL WOMEN IN FOOTBALL PROGRAM



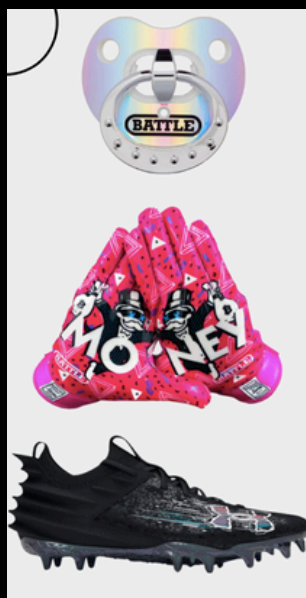
Back for the 4th year, the CFL is running their Women in Football program, presented by KPMG. Each CFL team selects a female candidate to participate in Training Camp in any capacity: coaching, operations, equipment, strength& conditioning.

*Registration due Feb 9th!*



Check out Football Ontario's Online Apparel Store for exclusive merchandise!

**ONLINE STORE**



Looking to get outfitted head-to-toe in high-quality football equipment? **Check out Football Depot!**

- Located at 4161 Morris Dr, Unit #4, Burlington, ON
- [Order online using Football Ontario's affiliate link](#)

## HAMILTON JR TI-CATS: WOMEN'S TACKLE FOOTBALL

Hamilton is joining the OWFL!

- U16 (athletes born in 2010-2012)
- U19 (athletes born in 2006-2009)
- [Winter / Spring Training Camp](#)
- [OWFL Registration](#)

For more information, contact General Manager, Brandy Ireland-Keus: [womensgm@jrticats.com](mailto:womensgm@jrticats.com)





## Provincial and National Flag Events

### CALL FOR VOLUNTEERS

Football Ontario is seeking volunteers for the following events:

- Elite Flag Nationals (Kingston, May 2025)
- Detroit Lions Flag Series (Multiple Locations)

Connect with Olivia Ghosh to volunteer for the Detroit Lions Flag Series: [oghoshsw@footballontario.net](mailto:oghoshsw@footballontario.net)



### Ontario Women's Football League (OWFL)

- U19 and U16 women's tackle teams!
- Check out <https://owfl.club>

### Women/ Girl's Flag Football

- Check out FO's Flag Site



## FOOTBALL ONTARIO DESIGN CONTEST

We are looking for our next graphic design to feature on Football Ontario apparel! Final designs will be posted on social media to have community votes. The winning design will be featured on our apparel. Contest closes Jan 31!



**CONTEST SUBMISSION FORM**

Dec 3, 2024

## COLLIDE

Concussion, Cognition & Mental Health in Children & Adolescents

Developing Brain Lab, Dr. Emma Duerden

**CALL FOR PARTICIPANTS:**

- ✓ Ages 4-21
- ✓ Based in Canada, USA or UK
- ✓ Completely online study
- ✓ Concussion within past 12 months **OR** healthy participants without history of concussion

Learn more or enroll:  
Dr. Rubina Malik  
[rmalik42@uwo.ca](mailto:rmalik42@uwo.ca)

**REVIEW ELIGIBILITY CRITERIA**

DBL  
Western  
UNIVERSITY - CANADA

If you would like to contribute to a Newsletter feature, please complete the form:

**Newsletter Submission Form**



**[footballontario.net](http://footballontario.net)**



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