



Happy New Year!

2025 FOOTBALL SEASON KICKS OFF

Welcome to Football Ontario's first Women's Programming Newsletter!

This will be sent out on a weekly-basis, promoting women and girl's events, flag and tackle football opportunities, and news within our membership!

Team Ontario U18 / SR Women's Tackle ID & RECRUITMENT CAMPS

Meet our Team Ontario staffs, connect with other athletes and try football skills / drills. Be a part of the provincial pathway for women's tackle football.

- York: Jan 25, 1-3pm
- Ottawa: Feb 15, 5-7pm
- Sudbury: Feb 22, 10:15-12:15pm

U18 (2008, 2009, 2010) | SR (2007+)

[U18 Registration](#)

[SR Registration](#)



Team Ontario Sr Women's Tackle Q&A SESSION

Interested in being a part of our FIRST EVER Senior Women's Tackle Provincial Program? Come to our virtual Q/A to learn more!

- **Monday, January 20, 7:30pm EST**
- Head Coach John Parkes:
coachjparkes@gmail.com

[Q&A Zoom Session](#)



Football Ontario X Detroit Lions Sr Flag Series

TEAM REGISTRATION

Interested in participating in our first Senior Flag Series? These tournaments are being run in partnership with the Detroit Lions so register your team today!

Connect with Olivia Ghosh-Swaby for more information: oghoshsw@footballontario.net



ADULT FLAG CIRCUIT

First Qualifier | Feb 15 | Milton, ON

Second Qualifier | March 15 | London, ON

Series Championship | April 12 | Niagara, ON

The event series, open to Canadian and U.S. collegiate programs and community competitive teams, features divisions for adult men and women.

Register now at playflagontario.ca/

REGISTER

Dec 3, 2024

COLLIDE

Concussion, Cognition & Mental Health in Children & Adolescents

Developing Brain Lab, Dr. Emma Duerden

CALL FOR PARTICIPANTS:

- ✓ Ages 4-21
- ✓ Based in Canada, USA or UK
- ✓ Completely online study
- ✓ Concussion within past 12 months OR healthy participants without history of concussion

Learn more or enroll:
Dr. Rubina Malik
rmalik42@uwo.ca

REVIEW ELIGIBILITY CRITERIA



Developing Brain Lab DBL

Western UNIVERSITY • CANADA

Ontario Women's Football League (OWFL)



- U19 and U16 women's tackle teams!
- Check out <https://owfl.club>

Women/ Girl's Flag Opportunities

- Check out [FO's Flag Site](#)



Football Canada SR Flag ID CAMP

This ID Camp is open for athletes born in 2008 or earlier, who are interested in being a part of the 2028 Olympic Flag Football pathway.

- York University, January 25: 9-11pm

Connect with Katie Miyazaki for more information:
kmiyazaki@footballcanada.com

REGISTER

Etobicoke Eagles U19 Women's Tackle

CALL FOR HEAD COACH

Interested in coaching the U19 Women's Tackle program for the Etobicoke Eagles? Know someone in your network that is looking for their next Head Coaching opportunity?

Connect with Lindsay Gilmour for more information: etobicokefootball@gmail.com

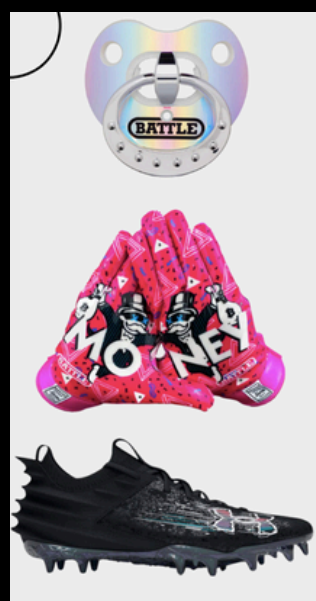


Football Canada Elite Flag Nationals

CALL FOR HOST COMMITTEE

Football Ontario and Football Canada are collaborating to run the second Elite Flag National Championship at Queen's University, May 16-18. We are looking for volunteer Host Committee members to support the event planning process.

Connect with Emily Todd for more information: etodd@footballontario.net



Looking to get outfitted head-to-toe in high-quality football equipment?

Check out Football Depot!

- Located at 4161 Morris Dr, Unit #4, Burlington, ON
- [Order online using Football Ontario's affiliate link](#)



Check out Football Ontario's Online Apparel Store for exclusive merchandise!

[**ONLINE STORE**](#)

If you would like to contribute to a Newsletter feature, please complete the form:

[**Newsletter Submission Form**](#)



[**footballontario.net**](http://footballontario.net)



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