



Football Ontario  
21 King Street West  
Hamilton, ON  
L8P 4W7

## ROSTER AGE CATEGORIES

A standardized system in-line with the LTAD would allow players from across the country to compete in the same groupings. Confusion would be minimized when determining a standardized pathway for athletes to move from grassroots to high performance.

**2021-22 Mandate:** Football Ontario members must have a maximum age difference of 24 months. Associations fielding teams in the U18+ division, the maximum age difference will remain at 36 months due to the lack of developmental pathways for 18 year old players to move onto the next level.

\*Any player wanting to play outside of this age difference must apply to the league and/or Football Ontario for approval.

**2021/2022 Mandate:** Football Ontario members must follow the standardized age categories listed below.

\*Football Ontario will be a review of the development of the U18+ division to determine the development of that cohort post-COVID to determine the future viability of the age category.

<b>Age Category</b>	<b>Age of players in Division</b>	<b>Maximum Age Difference (From oldest to youngest)</b>
U8	6 & 7 year old's (cannot turn 8 in the calendar year)	24 Months
U10	8 & 9 year old's (cannot turn 10 in the calendar year)	24 months
U12	10 & 11 year old's (cannot turn 12 in the calendar year)	24 months
U14	12 & 13 year old's (cannot turn 14 in the calendar year)	24 months
U16	14 & 15 year old's (cannot turn 16 in the calendar year)	24 months
U18+	16, 17 and 18 year old's (cannot turn 18 in the calendar year)	36 months
Elite 18+	18 years old & above	N/A



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### **Two Roster Age Categories exemptions that can be made:**

1. If a player has no participation pathway, he/she can be moved to a different age group pending the approval of the league and/or Football Ontario.
2. If the current age category does not fit the developmental age of the player, he/she can be moved up or down an age category pending the approval of the league and/or Football Ontario.

**[www.ontariofootball.ca](http://www.ontariofootball.ca)**