

Pathway 2: NON-CONTACT ACTIVITIES AND GAMES: FLAG FOOTBALL **(Permitted in Step Two)**

FOCUS:

- Competition with no sustained personal contact
- On competition: Non-Contact Only
- **Outdoor sports without contact or modified to avoid sustained personal contact, will have no limits on number of participants or teams participating**

Parameters:

- Consider electronic or handheld whistles for officials.
- No handshakes
- Huddles should be limited, where applicable
- Consider adding additional timeouts to allow for hand hygiene during each half.
- All players must have their own personal flag belt and flags. They should be taken home and to the fields by the individual and never kept in a team bag.
- Teams should provide their own footballs and provide additional footballs, if possible, to allow for more frequent equipment switches and sanitize footballs with disinfecting wipes or alcohol as often as possible.
- All participants must maintain 3 m social distancing on side lines (including coaches)
- Coaches, Managers and First Aid Responders must wear masks on the sidelines.
- Discourage players from removing and re-inserting mouth guards. Mouth guards should be sanitized if they fall out.
- All participants must use hand sanitizer before and after a game or training session.
- Disinfecting procedures for all personal & field equipment.
- Spectator limitations – 3 meter social distancing at all times and 25% of usual seating capacity. Clubs must ask parents to leave the area if they do not abide by this rule.
- As a rule, all adult personnel on the side lines that will possibly have close contact with the athletes (i.e. athletic therapists, equipment managers) should wear masks.
- If gloves are worn by participants, they must be cleaned as regularly as hand sanitizing

Game Modifications:

- Flag Pull and drop
- Make an amendment to the unsportsmanlike penalty to not hand back the flag at the point of the pull.